



June 2024

# Mental health organisations helping our community

The City of Logan is built on people helping other people.

That's why I'm a supporter of local mental organisations such as Man Up, which are vital to the health of local communities.

Man Up and similar groups are supporting those who might be struggling, or just looking to connect with like-minded people.

Man Up, launched in New Zealand in 2015, is a 10-week course during which participants discuss topics such as drug and alcohol addiction, anger and forgiveness.

The organisation uses the Maori phrase of 'Tu Tangata', which means 'Stand Tall'.

The phrase is designed to help men face their futures with confidence.

Men aged 18 and over can take part in the Man Up program, which operates at locations across the City of Logan.

The Yarrabilba group, led by Jared Waaka, meets at 6:30 pm every Thursday at The Buzz community centre in Yarrabilba.

Jared is also a former participant of the course, and runs the Man Up meetings as a safe place for men to open up.

They focus on a different topic each week with a key focus on supporting fathers through the challenges of family life.

Jared's message is that 'The power is in the home, so if you heal the man, you heal the family'.

The Buzz, operated by YMCA, is at 65 Basalt Drive, Yarrabilba.

Logan City Council has a wealth of information available online about a raft of support services and groups that meet to discuss mental health and men's health, including Man Up.

You can find out more by visiting lccgld.com/mens-health

I would encourage anyone who is in crisis to reach out to LifeLine on 13 11 14, or via text on 0477 131 114, or Beyond Blue on 1300 224 636 for support.



Cr Nathan St Ledger (second from left) with Man Up participants following a recent meeting in Yarrabilba

#### Local contacts:

Logan City Council and Logan Water (24 hrs): 3412 3412 Animal Ambulance: 1300 264 625 What's on? ourlogan.com.au

### **Division 4**

Bannockburn, Belivah, Buccan, Cedar Creek, Kairabah, Waterford, Windaroo, Wolffdene, Yarrabilba, Tamborine, part of Bethania, Logan Village

- Short 3412 5504
- 0476 027 785
- @ division4@logan.qld.gov.au

### Mayor's message



Firstly, I'd like to say a big thank you to everyone who voted in the recent local government elections.

I feel incredibly humbled to be chosen as Mayor of the youngest, most diverse and fastest-growing city in Queensland. If you ask

me, it's also the greatest city, and I know I'm not the only one who feels that way.

Our community spirit is what sets us apart, and it is why people who live in Logan love it. Businesses are seeing our potential and more people want to make Logan their home.

My pledge to you is that I will talk up our success stories and promote our amazing community. I want to change our reputation from what it's always been, to what we know it can be. To make that happen, I will fight for our city to get the investment it needs.

Recently Council announced we're trialling a new method of encouraging grass growth at one of our parks, using recycled textiles. Supporting local businesses to explore new ideas is a priority for Council, especially when those ideas help reduce waste heading to landfill or create new revenue streams.

We're also building a second Olympic-sized pool for the city due to open next year. Logan residents have told me loud and clear they want to stay active and spend time with their families – and I'm proud we are delivering that. These are just a couple of ways we are transforming Logan to better serve our growing communities.

To find out more about upcoming projects, please stay in touch with your local Councillor and me on our social media accounts, and on the Logan City Council website.

I'm looking forward to an amazing 4 years as your Mayor.

Mayor Jon Raven City of Logan

# A big thank you to you, my community!

I would like to extend a massive thank you to the Division 4 residents who have placed their trust in me to represent them over the next 4 years here within Council.

I am extremely excited and humbled by the support I have received throughout the entire process of my campaign and election. I am overwhelmed with gratitude for the awesome community I represent and the army of volunteers that helped make this a reality.

I have lived and breathed Logan my entire life. As your new local Councillor, I will promise you one thing: I will always work for the best outcomes for our community, for your voices to be heard and for change that matters in our area.



Cr St Ledger and Logan City Council CEO Darren Scott at the swearing-in ceremony.

### **Meet your new Councillor**

#### Tell us about yourself?

I'm a proud lifelong Logan resident, a husband to my beautiful wife and dad to my 3 amazing kids.

#### What do you love about the City of Logan?

Logan's people – we look out for each other, help out when times are tough and always support each other.

#### What are you passionate about?

Our people and connecting our community to work together.

Working with like-minded people with the goal to

have positive outcomes for others is my passion and something I will continue to do.

#### What are your priorities for your division?

Community work doesn't start and stop with an election for me, it is what I do.

So, ensuring our community is seen and heard is my priority, and working towards achieving the best outcomes for our division.

I will also be delivering free Mental Health First Aid training to the community quarterly and working on bringing more events to other parts of Division 4.

### **Mobile offices**

As your new local Councillor, you may have already seen me getting around the community and addressing issues in our area, but I want to hear from you!

I will be hosting regular mobile offices in different parts of Division 4 to ensure I am meeting with my residents, understanding our issues, and addressing them correctly on behalf of our community.

I encourage you to meet with me so we can continue to improve Division 4 and watch our community grow.

I look forward to getting to know my community better and getting out onsite to understand what we need.

Keep an eye on my Facebook page for a mobile office coming near you! Alternatively, feel free to contact me with your issue at division4@logan.qld.gov.au and I'll pop out and have a chat!



Cr St Ledger on Neighbour Day with his family and Logan MP Linus Power.

# What's been happening in the division?

#### **Anzac Day services**

I had the honour of attending some memorable Anzac Day services within our community, including ceremonies held by Logan Village RSL Sub Branch Inc, Palm Lake Bethania Social Club Inc, Bethania and Waterford Anzac Committee and Yarrabilba State School.

It is always a pleasure commemorating those who served our country and seeing both the younger and older generations pay their respects in their own ways.

#### Logan Village Green update

The Logan Village Green will be getting an upgrade with works commencing after Anzac Day.

The contract for the much-anticipated additional upgrades to the Village Green has been awarded, marking a significant step towards enhancing the community's recreational space. The project will include drainage works, new turf installation, upgraded lighting infrastructure, a new shelter, landscaping improvements, new signage and the planting of mature trees to create a gathering space next to the RSL cenotaph. This project will also improve the heritage courtyard and deliver a more inviting and sustainable environment for residents and visitors alike.

The Village Green serves as a focal point for community gatherings, recreational activities and events, making it a vital asset for the local area. The planned upgrades are consistent with the endorsed Logan Village Green Master Plan (2020) and will rejuvenate the green space, address existing infrastructure needs and enhance its aesthetic appeal and functionality for years to come.

I am excited about the improvements. The upgrades to the Village Green show our commitment to creating vibrant and inclusive spaces for our community.



Cr St Ledger and Canterbury College students attending the Anzac Day service hosted by Palm Lakes Social Club Inc.







